

K2KD Centre Preschool Daily Schedule

7:30AM- 8:10AM	Arrival, Greetings, and Free Play
8:10AM- 8:30AM	Morning Snack
8:30AM- 9:00AM	Bathroom Break, Clean Up, and Preparing for Outside
9:00AM- 10:00AM	Outside Play (2 Learning Activities)
10:00AM- 10:30AM	Group Time (Calendar, Weather, Jolly Phonics, Interest Topics & Group Activities) Bathroom Break
10:30AM- 11:30AM	Programmed Activities (Creative, Music, Math, Workbooks, Small Group Time, & Science) and Clean Up
11:30AM- 12:00PM	Lunch
12:00PM- 12:15PM	Quiet Reading and Washroom
12:15PM- 2:15PM	Nap (Rest & Relaxation Program) and Rest Time (quiet activities provided after one hour of rest time on cot)
2:15PM- 2:30PM	Wake Up and Bathroom Break
2:30PM-2:45PM	Afternoon Snack
2:45PM-3:00PM	Songs and Preparing for Outside Time
3:00PM-4:00PM	Outside Play (2 Learning Activities)
4:00PM-4:15PM	Inside Time and Bathroom Break
4:15PM -4:45PM	Story Time and Gross Motor Activity
4:45PM-5:30PM	Free Play and Music
5:30PM-6:00PM	Table Activities and Departure

KUDOS 2 KIDS DAYCARE



EARLY LEARNING CENTRE